

## Informed Consent

I, \_\_\_\_\_, a mature adult of sound mind, come to S. Raheel Haque ND for Naturopathic healthcare.

I understand that although Dr. S. Raheel Haque attended and graduated from the National University of Health Sciences, a 4 year accredited Naturopathic Medical school, with a Doctorate of Naturopathic Medicine degree, the state of Illinois does not currently license Doctors of Naturopathic Medicine. Despite this, Naturopathic Doctors are currently licensed in 22 states and the District of Colombia; legislative efforts to licence Naturopathic Doctors in Illinois are in progress. Therefore, Dr. S. Raheel Haque cannot and does not diagnose, treat, or prescribe for any health conditions.

I understand that any herbs, nutritional supplements, essential oils, adjustments and homeopathic remedies that may be recommended are not a treatment for any health condition - rather natural substances that support my body systems. I agree to inform Dr. S. Raheel Haque immediately of any adverse reactions while I am using these substances.

I understand that I should continue to consult with my primary and specialty care physicians in regard to any medical concerns that I may have. I understand that Dr. S. Raheel Haque cannot and will not advise on the discontinuation of any pharmaceutical medications prescribed by a physician, and that discontinuation of such medications must be directed by the prescribing physician. I agree to take responsibility for following up on any referrals for medical care when necessary.

Dr. S. Raheel Haque realizes that privacy and communication with patients are very important. Dr. S. Raheel Haque will hold my records and information in strict confidentiality. However, I understand that communication modalities used in consulting with VitaCore Holistic, including but not limited to phone, email, and video chat may or may not be HIPPA compliant. I accept all risks if I choose to communicate by these methods.

Dr. S. Raheel Haque recommends supplements from companies that he trusts. I understand that supplements are an unregulated industry and that the brands Dr. S. Raheel Haque uses are of a higher quality that have been clinically proven by his mentors over years of research and practice. Therefore, if I choose to purchase supplements from other sources, Dr. S. Raheel Haque cannot place reliance on these supplements.

I understand that many interactions between herbs themselves, and between herbs and medications my physicians may prescribe, may not be well known. While unlikely, I could have an adverse reaction or experience a reduction or increase in effect of the medications. I understand that I should inform my physicians of all supplements I am taking. I also agree to inform Dr. S. Raheel Haque of all medications and supplements I am taking.

All female patients must inform Dr. S. Raheel Haque if they know or suspect that they may be pregnant or are trying to conceive as some of the supplements used could present a risk.

For any new concern, a visit must be scheduled so that it can be properly evaluated. Email or waiting to hear back for a visit is never, ever appropriate for urgent or emergency problems. Please go to Urgent Care or the ER for emergencies.

**PATIENT SIGNATURE** ➤

**DATE** ➤